

# HIGH BRIDGE SCHOOL DISTRICT

## STUDENT HEALTH AND PHYSICAL EXAM FORM

**Directions:** Doctor, APN, PA, please complete for Pre-K – Grade 4.

For Grades 5-12 a New Jersey Athletic Pre-participation Exam is preferred/necessary for sports participation.

Student's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Sex:  Male  Female Immunization Registry Number: \_\_\_\_\_

**IMMUNIZATIONS: Please attach vaccine record of student**

**Influenza:** Required for Pre-school only

**Tdap & Meningococcal:** Required for entrance into 6<sup>th</sup> grade

Disease History	Type/Yr	History	Type/Yr	History	Type/Yr	History	Type/Yr
Allergies		Diabetes		Lyme Disease		Juvenile Rheumatoid Arthritis	
Drug Sensitivities		Influenza		Mononucleosis		Autism Spectrum Disorders	
Non-food/Non-drug allergies		Other		Neuromuscular. Disorder		Hematological Disorders	
Asthma		Drug allergies		Chronic Otitis Media		ADD/ADHD	
Congenital Disorder		Heart Disease		Autoimmune Disorder		Concussion/TBI	
Convulsive Disorder		Hepatitis		Strep Infections		Vision or Hearing Impaired	

TB Testing	Date administered	Date read	Results	Vaccine, BCG date
Mantoux (PPD)				
IGRA				

**Operations/Injuries: (Please specify)**

1.
2.
3.

**Medications:** \_\_\_\_\_

*\*Kindly provide order if medication is required during school hours.*

Allergies (Drug/Environmental/Food):  No  Yes(Describe): \_\_\_\_\_

Student requires:

**Epi Pen**  No  \*Yes \*A doctor's order and 2 Epi Pens are needed for school.

**Rescue Inhaler**  No  \*Yes \*A doctor's order and an inhaler are needed for school.

\* Please consider having 5<sup>th</sup>-8<sup>th</sup> graders self-administer, related to sports and class trips, if possible.

Student's Name: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

**Vitals/Screenings**

Height:	Weight:	Pulse:	B/P:
Vision: With Correction	Right:	Left:	Both:
Vision: Without Correction	Right:	Left:	Both:
Hearing Screen: Pure tone? Y/N	Right:	Left:	

	Normal Exam	Abnormal Findings:
Head		
Eyes		
Ears		
Nose		
Throat		
Lymph Glands		
Heart		
Lungs		
Abdomen		
Hernia		
Genitalia		
Skin		
Orthopedic		
Scoliosis		
Neurological		
Speech		
Nutrition		

Activity Limitation: \_\_\_ No \_\_\_ \*Yes (\*If yes, please define & attach note from doctor if restrictions are required at school):

\_\_\_\_\_

Comments: \_\_\_\_\_

Physician's signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Physician's Name, Address and Telephone #**

**Office Stamp**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
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