

Ultimate Sports Camp

Melissa Betz/Danielle Weber

Net Games

Dates: Monday, July 22nd, Tuesday, July 23rd, Wednesday, July 24th, Thursday, 25th;

Staff Times: 8:30 - 11:30 am

Student Times: 9:00 - 11:00

Cap at 25 children per week (current 5th - 7th graders only)

\$40 per camper

First come, first serve basis

Character/Social Emotional Learning (incorporated into the camp)

- Sportsmanship
- Winning/losing
- Teamwork
- Respect (self, teammates, equipment, coaches, judges, etc)

Net Games

- Badminton
- Volleyball
- Pickleball

Concepts

- Serving
- Rules of the game
- Strategies
- Teamwork

Day 1: Badminton - Basic Skills, Rules, Competition (tournament) - singles and doubles

Day 2: Volleyball - Basic Skills, Rules, Competition (King/Queen of the Court, Traditional game, serving, teamwork)

Day 3: Pickleball - Basic Skills, Rules, Competition (tournament) - singles and doubles

Day 4: Competition and Games with possible prizes

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Indoor/Outdoor Games

Dates: Monday, July 29th, Tuesday, July 30th, Wednesday, August 1st, Thursday, August 2nd

Staff Times: 8:30 - 11:30 am

Student Times: 9:00 - 11:00

Cap at 25 children per week (current 5th - 7th graders only)

\$40 per camper

First come, first serve basis

Character/Social Emotional Learning (incorporated into the camp)

- Sportsmanship
- Winning/losing
- Teamwork
- Respect (self, teammates, equipment, coaches, judges, etc)

Indoor Games

- Throw and Catch
- Floor Hockey
- Ultimate Frisbee
- Wiffle Ball
- Kickball
- Capture the Flag

Concepts

- Strategies
- Rules
- Basic Skills
- Collaboration

Day 1: Wiffle Ball and Kickball

Day 2: Throw and Catch and Ultimate Frisbee

Day 3: Floor Hockey and Capture the Flag

Day 4: Competition for each of the 6 games

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Backyard Games

Dates: Monday, August 5th, Tuesday, August 6th, Wednesday, August 7th, Thursday, August 8th

Staff Times: 8:30 - 11:30 am

Student Times: 9:00 - 11:00

Cap at 25 children per week (current 5th - 7th graders only)

\$40 per camper

First come, first serve basis

Character/Social Emotional Learning (incorporated into the camp)

- Sportsmanship
- Winning/losing
- Teamwork
- Respect (self, teammates, equipment, coaches, judges, etc)

Backyard Games

- Corn Hole
- Washers
- Ladder Ball
- Kan Jam
- Spike Ball

Concepts

- Strategies
- Rules
- Basic Skills
- Collaboration

Day 1 through Day 4 - Round robin of all backyard games - create teams and compete amongst all teams